

# Fact Sheet

## Impetigo



### What is impetigo?

Impetigo, sometimes called "school sores" is an infection of the skin with bacteria. The main bacteria causing it are strains of staphylococcus aureus (golden staph). The usual golden staph strains which cause impetigo are not dangerous.

### What does it look like?

Impetigo occurs in two forms, blistering and crusted.

In blistering impetigo the blisters arise on previously normal skin and grow quickly in size and number. The blisters quickly rupture and leave slightly moist or glazed areas with a brown crust at the edge. The spots expand rapidly even after they break open and can be many centimetres in diameter. They sometimes clear in the centre to produce ring shaped patterns. The condition is not usually painful but can be itchy.

Crusted impetigo has a thick soft yellow crust. Beneath this crust is a moist red area. Crusted impetigo spots grow slowly and are always smaller than the fully developed spots of blistering impetigo. The condition is not usually painful but can be itchy.

Impetigo can occur on top of other skin conditions, particularly itchy ones. When the other skin condition is scratched the infection can enter through the broken skin. Some of these conditions are atopic

dermatitis (eczema), scabies, insect bites and head lice.

### How is it treated?

Impetigo is a very infectious disease. If possible the child should be isolated until the blisters have dried out. Bathing the blisters with salty water will help to dry them out. Your doctor should take a swab from the spots to check which antibiotic to use.

The result of this takes several days and the doctor will probably start an antibiotic which is likely to be the correct one while he / she is waiting. For just a few small spots an antibiotic cream may be enough but more often a medicine needs to be taken by mouth. It is important to finish the whole course (usually 5 days) and not stop when the condition starts to clear. If there are any other underlying skin diseases these should be treated appropriately and can be treated at the same time as the impetigo.

Check with your doctor for a treatment plan.

### Remember

- Impetigo is very easy to catch from other people.
- If prescribed antibiotics it is important to finish the whole course to make sure the impetigo will not recur.

This fact sheet is for education purposes only.  
Please consult with your doctor or other health professional  
to make sure this information is right for your child.

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